

-Signs & Symptoms of Substance Abuse-

Common warning signs of drug and alcohol use:

- Change in friends
- Best friend who uses drugs
- Older friends
- Daily tobacco use
- Sudden changes in behaviour or moods
- Secretiveness
- Callers who hang up
- Sensitivity about privacy
- Withdrawal from family
- Loss of interest in family and school
- Drop in performance at school
- Increases or reductions in appetite
- Increases or reductions in sleep
- Use of street talk or drug language